

Right from the beginning Ways to engage your children as learners

There are 5 'building blocks' for a healthy brain-a healthy brain will help support your child's emotional well being and give them the best start for learning. The workshop supported parents and carers to give their child the best start for learning.



My brain grows better when you talk with me...

When you play with me

When you relax with me

When you cuddle me

When you respond to me

This is some of the positive feedback we received.

'Right from the Beginning' session was very eye opening and very informative. Everyone was very involved and brilliant paperwork was given to us to take home. I have found it very useful to use effective praise with my daughter and have found she pays more attention to what I was saying.

All of the quotes were very useful and showed me that if I 'cut it for him' etc he doesn't learn, he just knows I do it better. I have made a conscious effort to let him be more independent

I think the session was very useful as it gives you extra advice and makes you think about how you could engage better with your child, simply just by giving more structure with positive praise and explaining what and how they have accomplished something.

I have learnt that we need to support our children more and spend more time with them, explaining things.

We have tried reading books together, singing songs, playing more together. When he's not capable of doing something it is important to help him and encourage him. He responds well and he's happy when we spend more time with him.

When You:

Cut it for me,
Write it for me,
Open it for me,
Set it up for me,
Draw it for me or
Find it for me,

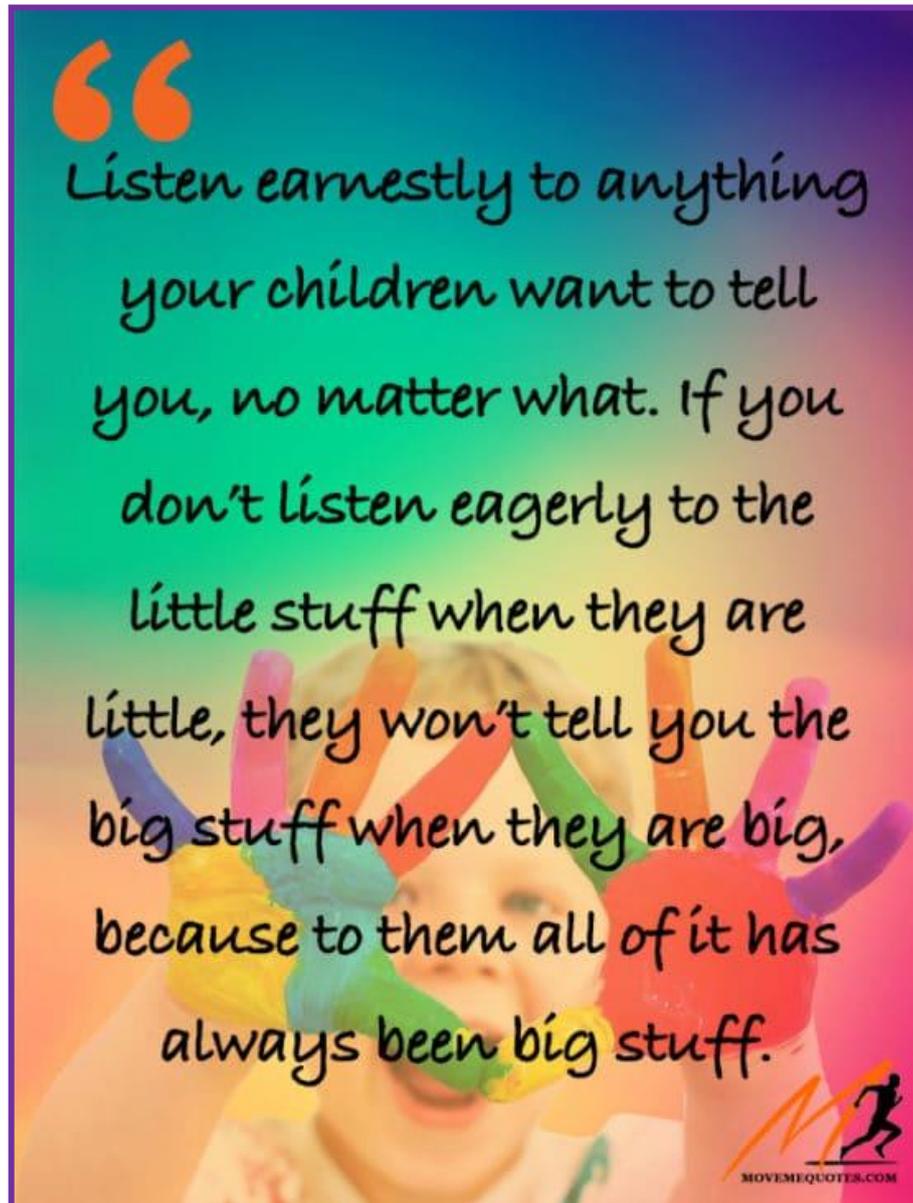
All I learn is:

that you do it better than me

We find that by naming the skill that the girls are practising, they are more likely to use that language, being able to talk about their learning more specifically. They also tell us that we need to practise more when we find something tricky. It was lovely to have the strategies we try to use at home affirmed. Thank you for a lovely evening; next time tell us to bring tissues!

We have cut down time on technology and devices which has been great. I've tried giving more detailed praise, which I think she responds more to.

This session was very informative. I realised I need to make some changes on how I praise. Very clear and effective presentation. Thank you.



The session was very informative and useful. Since the session I have taken more time out to play, cuddle and share a story with my daughter at the end of the day. I noticed she's happy and really likes cuddles which I'd previously thought she's outgrown! I've also been using more specific praise to reinforce positive behaviour and this works well. She also sees I've been paying attention to what she was doing.

It was a lovely session and a good reminder to keep things simple. We encourage our son to do more things for himself; undressing, cleaning up after dinner, choosing clothes.

He really enjoys doing things for himself and always says 'I do it myself' and 'I'm a big boy'.

I let her choose what she wants to wear by giving her choices to choose from.

I let her dress herself, giving her enough time.

I let her eat on her own, even if it gets messy! I ask her opinion about what she wants to do, by giving her choices she can choose from, not just her own ideas. I praise her when she has done something well by being specific.

I give her lots of cuddles!





There's no such thing as
"Just playing."
This is how I learn.

Really enjoyed this session.

My son has really enjoyed me explaining 'why' he has done a good job, instead of me just saying 'Good boy'.

A very informative session.

Thank you. .



THERE ARE TWO
GIFTS WE SHOULD
GIVE OUR CHILDREN;
ONE IS ROOTS, AND
THE OTHER IS WINGS.