



Public Health
England



**Protect yourself and your family
from measles, mumps and rubella.**

**Get two doses of MMR from
your GP surgery.**

immunisation

Helping to protect everyone, at every age

There have been clusters of measles outbreaks in our area as well as continued outbreaks in other parts of the UK and in Europe. With the holiday season approaching please make sure you and your family have been fully immunised

It is never too late to have the vaccine if you haven't had two doses.

If you would like more information about MMR please visit
www.nhs.uk/conditions/vaccinations/pages/mmr-vaccine.aspx