

## Spring is here...

This time of year provides so many learning opportunities for children, as we focus on growing, observing changes in our surroundings, connecting with nature and interacting with living creatures.

Anticipating the ducklings hatching, and then having the experience of them in the rooms for a week, has been a rich part of our learning provision, as well as an opportunity to learn how to be gentle and kind. This experience epitomises our 5 Ways to Wow Curriculum.



Thank you for your support with ensuring children arrive at school punctually-this supports the children to feel settled, ensures they do not miss out on valuable learning time, and prepares them for future routines when they move to their next school.

We are finishing this term by inviting you to spend some time in school, at our Stay and Play Sessions. We also have our Busy Bodies Week- more information in this letter. This will finish with Walk to School Day, on Friday.

I look forward to seeing you in school this week, and seeing your physical endeavours on Tapestry!

*Mrs Macdonald*



**Stay and Play Sessions**  
Mon 24th to Fri 28th March

**Busy Bodies Week**  
Mon 24th to Fri 28th March

**Walk to School Day**  
Friday 28th March

**Parents Forum**  
Weds 2nd April  
8:45am and 7pm

**Last Day of Pre School**  
Thursday 3rd April

**Nursery Celebration**  
10-12pm  
Friday 4th April

**School Closed for Easter Holidays**  
Monday 7th April to Monday  
21st April

**School Opens**  
Tuesday 22nd April

## Busy Bodies Week: How active can your child be?

Did you know that children under the age of 5 should be physically active for minimum of 3 hours every day? Children need space and time to climb, run, balance, stretch and move in order to challenge themselves, develop strong muscles and build a healthy heart and habits. This is why we spend lots of time learning outside, and the Nursery children are encouraged to walk into school.

This week we are focusing on seeing how active the children can be, with some challenges for you all to participate in at home. Please look out for these on Tapestry, and share your photos with us! On Friday 28th March we would like you to find a way to get to school, that isn't in a car! Can you walk, jog, scoot, ride, or find another way?

You might need to consider parking 5 minutes away from school, so that the final journey is on foot. I wonder how many different ways we can find to arrive at school using our bodies?



*Lets go!*



### One Page Profile



**You should have recently received a copy of your child's One Page Profile. This is designed to give you a snapshot of their learning and progress to date, and ways you can support learning at home. Please speak to your child's Key Person if you have any questions.**



### Help us shape the future of Kingswood

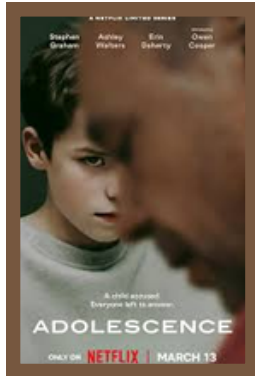
We are in the process of revisiting our vision and values here at school, and I am keen to gather the views of our parents and carers community.

Please do attend our forum on Weds 2nd April at 8:45am or 7pm, to share your ideas. I will also be sending out a questionnaire to gather ideas I really hope you can be involved.



## Please watch...

You may be aware of the recent series Adolescence, on Netflix. The one shot episodes are intense, and the narrative is a necessary reminder of why it is never too early to teach children about how they can be responsible for their own safety, and to be respectful of one another.



From a parental perspective, it certainly raises questions about children's access to social media, amongst other subjects, and the use of smart phones.

At Kingswood we remind children:

- **Only use a device such as a phone or tablet if an adult is in the same room.**
- **Always tell a grown up if you see something online that makes you scared.**

In order to safeguard your child we also strongly recommend that you :

- Ensure parental settings and safe search are set on any device your child is accessing.
- Limit online access, so that children have a greater amount of time screen free.
- Keep devices out of the children's bedroom and the bathroom. This sets up important boundaries for the future.
- Make time to engage with your child without the distractions of a phone or screen.
- Remember an ipad or phone IS NOT a babysitter.

**It is dangerous for a child to have access to devices when they are unsupervised by an adult.**



## New Kingswood Website

We are in the process of updating our website with a new and contemporary look. We can't wait to share it with you!

I am  
Confident.



I make  
Connections.



I am  
Creative.



I Care.



I can  
Converse.



The latest episode of BBC Panorama is free to watch:

<https://www.bbc.co.uk/iplayer/episode/m00293gr/panorama-lockdown-kids-five-years-on>

This examines the affect of lockdown on children, 5 years later, and provides some context as to why Early Years Education is so necessary, and how formative these years are for children's overall development.

It is also a reminder as to why, within our curriculum, we focus so much on developing children's social and independent skills.

'where learning is an exciting adventure'